



## OJAI VALLEY INN & SPA

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### ACTIVITIES GALORE AT THE OJAI VALLEY INN & SPA

OJAI, CA (January 2009) - California's breathtaking Ojai Valley has long been a gathering place for the health and fitness minded. An important part of Ojai's history includes the 220-acre Ojai Valley Inn that was originally created as a world-class golf destination, but has developed over the past eight decades into a full-service resort with endless activities for all ages. In fact, Condé Nast Traveler readers consistently rank the Ojai Valley Inn & Spa in their annual Gold List among the top resorts in California.

At Spa Ojai, guests choose from a wide variety of spa treatments, including facials, massage, and body treatments. A salon is located in the Spa Village for manicures, pedicures, and makeup and hair services. A full program of Mind/Body classes for adults is available including yoga, spinning, dance, and t'ai chi, as well as nature walks and power hikes. The spa's Artist's Cottage and Apothecary offers classes including silverpoint drawing, watercolor, silk scarf painting, mixed media and personal mandala – all taught by local artists from the community.

Guests at the Ojai Valley Inn & Spa can recapture the serenity and natural beauty that the Oak Grove, Chumash and early Spanish settlers discovered in the Ojai Valley along nearby horseback riding trails and on the hiking and biking trails of the Los Padres National Forest. Hikers will enjoy guided excursions through the surrounding National Forest into areas that have, for millennia, been seen only by the hawks, raccoons, squirrels, coyotes and bobcats living there.

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Camp Ojai, our acclaimed children's program, provides fun and educational activities for children 5-12 under the watchful eye of trained counselors. The children enjoy swimming, outdoor games, art projects and plays. A highlight and important part of Camp Ojai is its focus on the Chumash Indians; counselors lead the kids in craft projects that teach the traditions of the Chumash Indians, and take a walk to the Inn's "Ap" – a Chumash Indian hut - to hear stories and play games. Camp Ojai is available for children to attend half- or full-day sessions 365 days a year. Largely because of Camp Ojai, the Ojai Valley Inn & Spa was named one of Child Magazine's "Top Ten Family Friendly Resorts" in 2006.

In addition to golf on our renowned George Thomas-designed 18-hole course, the Inn boasts a complete tennis center, with four hard courts and a full service pro shop.

Other activities include guided lake fishing and kayaking, plus – just minutes away – a variety of beach activities such as sailing, deep-sea fishing and surfing lessons. Excursions to the Santa Barbara wine country, Santa Barbara Zoo, or local Los Angeles-area amusement parks and museums are easily booked through the Concierge.

Since 1923, vacationing guests have sought the tranquil pleasures of the historic Ojai Valley Inn & Spa, a AAA Five Diamond property located on 220 tree-shaded acres 35 miles south of Santa Barbara. Affirmed by its many prestigious awards and fresh from a \$90 million renovation, the legendary Inn is one of the nation's unique hidden treasures. Reservations: 1-800-422-6524 (OJAI). Internet: <http://www.ojairesort.com>

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